

# Evidence-Based Dentistry: *A Paradigm Shift*

Are you able to keep up with the amount of dental information that comes your way every day? Or, do you base clinical decisions and treatment recommendations on information learned in dental school years ago?

The dental profession has begun a paradigm shift from patient care based upon traditions and opinions towards care based upon the best available evidence. Many clinicians find it difficult to stay abreast of the latest scientific literature and integrate it into their clinical practice. Throw your dental journals away and discover online resources to access the most current scientific information within minutes!

A public health dentist and researcher, Dr. Ronni Brown is among a growing network of dentists nationwide who have been recognized as a “champion of evidence-based dentistry” by the American Dental Association.

In this interactive session, learn how to be a critical consumer of scientific information and obtain the most reliable data that will assist you in making treatment decisions and improve clinical outcomes for your patients. Challenge yourself to change the way you practice dentistry from “what I learned in dental school” to “what I learned from reliable scientific sources”. Long-standing opinions regarding implant placement, third molar extractions, dental crowding, and prophylactic antibiotics will be weighed against the scientific evidence on these topics.



## Learning Objectives:

- ✓ Learn how to navigate on-line databases, such as PubMed and Cochrane Library, to access high-quality scientific evidence
- ✓ Identify junk science and other low quality sources of information
- ✓ Explore how to apply scientific data to your daily clinical decisions
- ✓ Understand how to communicate scientific evidence to patients to assist them in making treatment decisions
- ✓ Discover how the dental team can become “dental encyclopedias”

*“Dr. Brown is an excellent speaker who empowers her audience with useful information.”*

—Contra Costa County Dental Society

